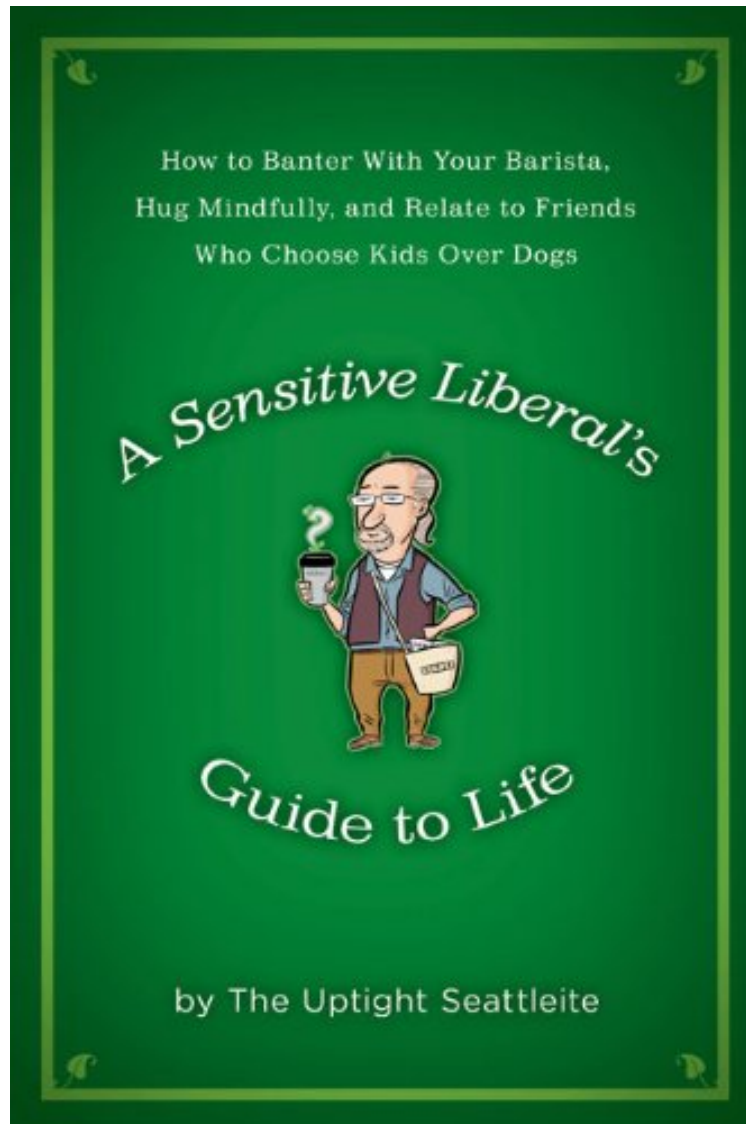


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A Sensitive Liberal's Guide to Life: How to Banter with Your Barista, Hug Mindfully, and Relate to Friends Who Choose Kids Over Dogs

The Uptight Seattleite

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The Uptight Seattleite : A Sensitive Liberal's Guide to Life: How to Banter with Your Barista, Hug Mindfully, and Relate to Friends Who Choose Kids Over Dogs before purchasing it in order to gage whether or not it would be worth my time, and all praised A Sensitive Liberal's Guide to Life: How to Banter with Your Barista, Hug

Mindfully, and Relate to Friends Who Choose Kids Over Dogs:

1 of 2 people found the following review helpful. So Self Righteous in Being So HumbleBy SockanasaI gave this as a gift to my friend who is from the upper NW (Oregon) and is very familiar with Seattle. He read it before bed and his wife hated the book on principle based on how often he laughed out loud (LOL for younger readers... not that its perceived meaning matches the original acronym anymore) and wake his wife up. The writing is consistently very tight to walking the line between believing oneself to be so humble, wise, compassionate, etc. and being so smug and self righteous. There is a little of the that in most liberal leaning people and likewise in conservative leaning people. However, I think it is the liberal leaning demographic that can recognize the ironies of what is taken for granted and laugh at this exaggeration of a common undercurrent. For me, it is fun to see someone explain compact cars as including larger Hondas and Toyotas if (and only if) in the 70s you drove the tiny versions to save gas. Now that they've grown, your heart is still in the right place still driving them. Oh, and the definitive answers like, (paraphrased) "when two cars pull up to a 4 way stop there are no traffic rules governing this situation." 0 of 0 people found the following review helpful. Love This! Buying more for gifts. By Sun-StandingI pulled up the name, The Uptight Seattleite, with hopes that another book had been written. I bought this 6 or 7 years ago and absolutely love it. I am planning to buy a couple more copies to give as gifts. I have this book at my bedside because i can open the book to any page or chapter and laugh out loud after reading a section. With all the political turmoil we're dealing with, it is so nice to have a book that makes you laugh. The author pokes fun at political correctness of the left (and I am part of that demographic). Only an intelligent person with keen insight could write something like this. It plays to people who know we've got our stereo-type quirks but we have enough of a sense of humor to laugh at ourselves. It exaggerates in a funny way but it's accurate too. If you understand the culture of Seattle or even the west coast, you will have many laughs reading this. 1 of 1 people found the following review helpful. BrilliantBy Daniel A. RichmanThis writer is so adept and funny at spotting and skewering the political correctness that unfortunately characterizes Seattle. His patronizing, condescending-yet-perky tone is dead-on. I'm pretty sure he makes up the letters to which he then responds, making the entire exchange even funnier. He is skilled at writing in many different voices. The author's identity is something of a mystery. He writes as a "he," and I suppose there's no reason to doubt that, though I've never been able to determine his real name despite several fan emails to the Seattle Weekly, where he publishes/ed a column. I never got any response. I think the column has been discontinued, and I don't know what became of the writer. (For a collection of past columns, use your favorite search engine--I included a link, but deleted it.) I'm guessing he is in his mid-40s at least, though in one essay in this book he identifies himself as being younger. To me, the number and quality of literary and cultural references he makes suggest someone older, and well educated. Anyway, some of the essays leave me with a wry smile, while others make me laugh out loud. My wife won't let me read this book in bed, because my laughter keeps her up.

In the tradition of *The Official Preppy Handbook*, *The Uptight Seattleite* is the Stephen Colbert of left-wing satire. The author of the wildly popular Seattle Weekly advice column teaches Americans everywhere how to embrace their inner leftist. Artfully balancing the cosmic with the cosmopolitan, the Uptight Seattleite (aka Adrian) delights his loyal readers each week with snide insight on everything from fashion ("Can I pull off a Rasta beret?") to ear-bud etiquette. In *A Sensitive Liberal's Guide to Life*, he brings his savvy smugness to his widest audience yet, on topics such as the hierarchy of transportation righteousness (what to do with the clunky old Subaru after purchasing a Prius) and ethical behavior at the grocery store, including how to handle the horror of forgetting to bring your reusable burlap sack. Other day-to-day advice covers what to read on the bus (Vonnegut versus *The Kite Runner* versus *The Economist*) and feasting at the buffet of diversity, with tips for shooting a condescending smile at those who don't know how to use chopsticks. The Uptight Seattleite also helps readers navigate the big issues, such as responsible parenting (which calls for a mini-landfill kit, perfect for the backyard and ready to be stuffed with environmentally unfriendly diapers). For every insecure liberal-and those who love to make fun of them-the Uptight Seattleite offers us laughs from the pinnacle of political correctness.

From Publishers Weekly More than a spoof of politically correct mores, this enhanced collection of satirical advice columns from the Seattle Weekly is packed with laugh-out-loud social commentary. Each themed chapter ("Diversity," "Relationships," "Doggies!") includes a number of QA entries submitted by readers (and a few supposedly sourced from the author's own office). The unnamed Seattleite tramps down the eggshell-lined path of standard liberal political correctness, turning cultural sensitivity on its head at every opportunity--from finding gifts for the "differently privileged" ("your office intern who is from an at-risk youth program") to dealing with people involved in a "church-based mind-control program." He also encourages animal equanimity, suggesting dog owners take on the role of "a fellow creature who just happens to have all the food," and includes plenty of brief goodies like "Jottings from my Moleskine," sensitivity exercises ("spend the day in a post-verbal realm"), and strategies for passing on his wisdom ("artfully" help out a colleague sporting a toilet paper tail by recounting an ancient myth about Mayan

lesbians). The Seattleite's dry voice and zany humor make this a wickedly addictive read for anyone sick of excessive Lefty thought-policing. 20 bw illus. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. About the Author The Uptight Seattleite is a thinker, a writer, a seeker, and a columnist for the Seattle Weekly. His yoga practice is his laughter practice is his personal revolution. He believes in discovering beauty and weaving it into transformation. He believes in the power of active listening. Shh! Hear that? It's the sound of your own listening! He has been single for many years. He lives in Seattle.