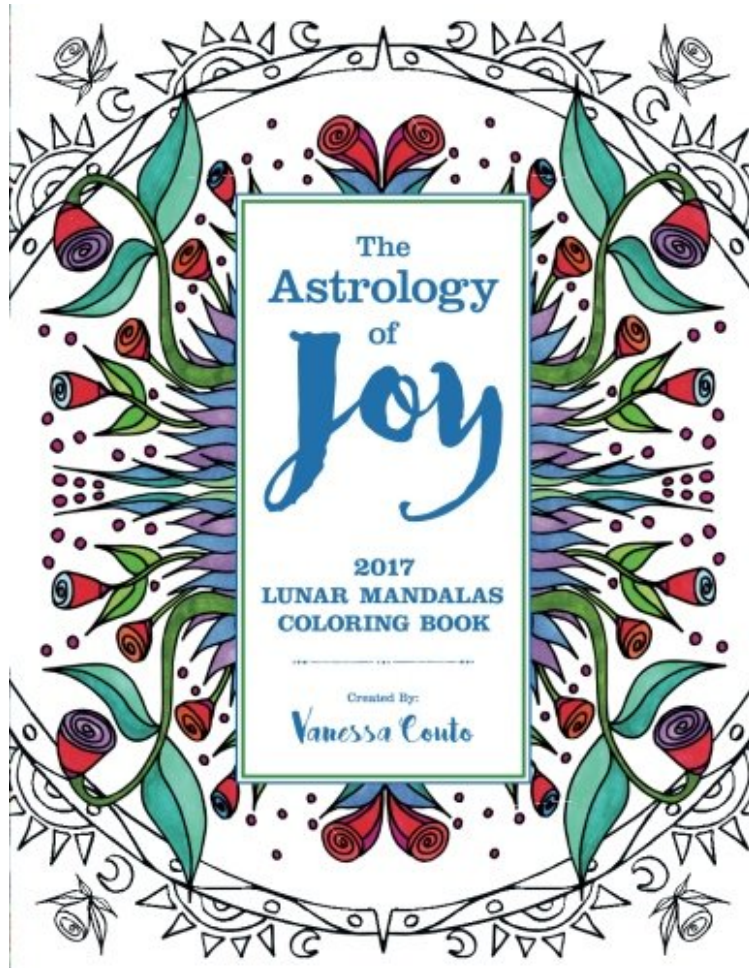


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Vanessa Couto

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Vanessa Couto : Astrology of Joy - 2017: Lunar Mandalas Coloring Book (Volume 2) before purchasing it in order to gage whether or not it would be worth my time, and all praised Astrology of Joy - 2017: Lunar Mandalas Coloring Book (Volume 2):

0 of 0 people found the following review helpful. Coolest astrology coloringBy MeredithThe only reasons this isn't getting 5 stars from me are that I preferred last years mandala designs and the way the prompts were laid out with the more specific questions before and after. BUT!!! This is still my favorite astrology related coloring book I've found, I love the ritual of coloring/making a mandala for each lunation. It still has prompts and though they're different than they were in the last one, it discusses themes with each full or new moon and I like that I can ponder those while I color.0 of 0 people found the following review helpful. Great meditative, reflective practice..By MTI recently discovered Vanessa online and LOVE her videos. So insightful and helping me to use astrology practically in my life. I got her astrology coloring book recently and it's been great meditative practice while reflecting on the phases of the

new and full moons. I'm looking forward to connecting to each of the beautiful illustrations as we enter into each new phase. Thank you for putting this out into the world, Vanessa! 0 of 0 people found the following review helpful. My fave coloring book By Tara This is by far my favourite coloring book. The designs are beautiful, with larger patterns. But what I love best is the explanation of the moon and astrological signs, which gives me guidance for my coloring meditation. Highly recommended!!

Let the Moon illuminate your journey. What you have in your hands is an invitation. It's an invitation for you to reconnect both with the moon's wisdom, and your own rhythm of being. Each mandala is an opportunity for you to not only color and get some quiet time, but also allow it to activate something deeper within yourself. Meditate on the journaling prompts, and see what insights percolate for you. Let the colors guide you back to yourself. Reconnect with Joy!

About the Author Vanessa Couto is an astrological coach and artist. She is also considered by her clients their 'cosmic travel guide and mentor'. Through her coaching work, she helps her clients get a better understanding of who they are, what is their life's purpose, and how to navigate the threshold of birthing a more aligned life. In her coaching and teaching she weaves astrology, storytelling, art and depth psychology. The motto she lives by is that we are all midwives to each others' dreams.