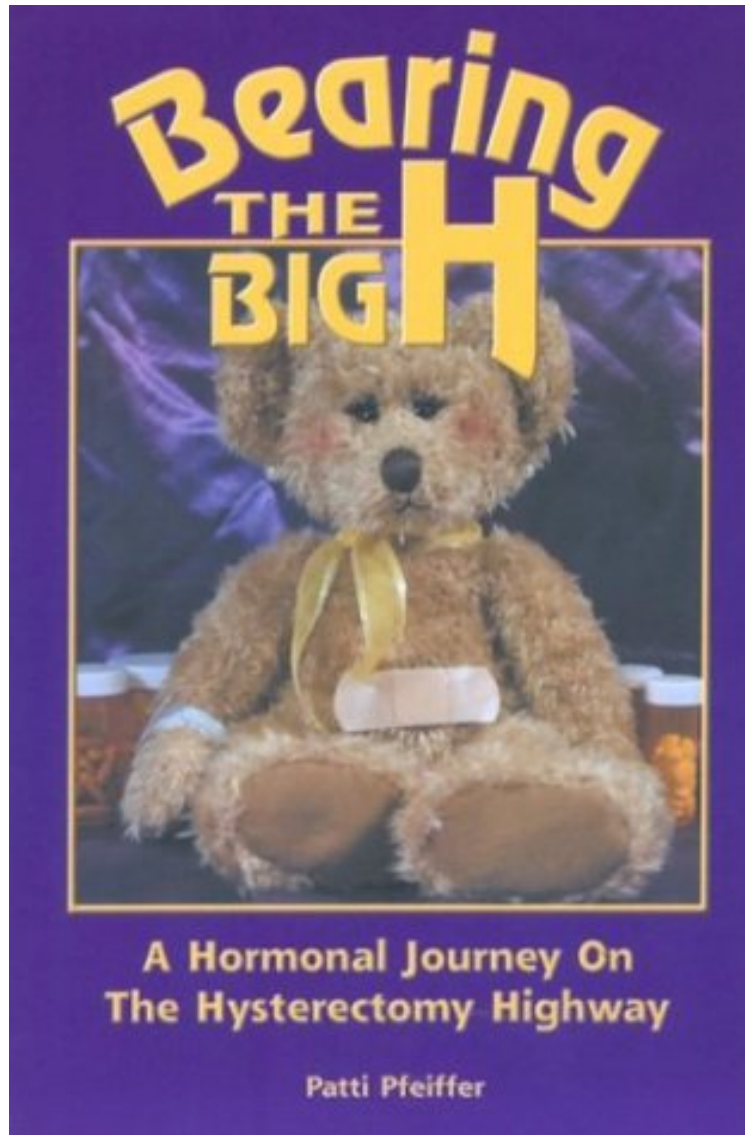


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Bearing the Big H: A Hormonal Journey on the Hysterectomy Highway

Patti Pfeiffer

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Patti Pfeiffer : Bearing the Big H: A Hormonal Journey on the Hysterectomy Highway before purchasing it in order to gage whether or not it would be worth my time, and all praised Bearing the Big H: A Hormonal Journey on the Hysterectomy Highway:

2 of 5 people found the following review helpful. author was witty but irritating.....By A. Fowleri dont know what i expected but i didn't know it would be mostly the author tripping out on her husband constantly complaining when he seemed to put up with her enormous issues....i purchased this book one week b4 my hysterectomy hoping the author

who had the same "tah" surgery as i would be a great informant.....after getting past her irritable life syndrome i found a couple of interesting views on the surgery....much 2 pricey for all the drama u have 2 read thru 4 any substance.....ok thats my opinion i'm sticking with it...1 of 1 people found the following review helpful. Take a trip with a fellow woman!By Tracy LevineBearing the Big HA Hormonal Journey on the Hysterectomy HighwayBy Patti PfeifferBook Review by Tracy Levine Although this book is excellent medicine for women planning or recovering from a hysterectomy, it will also be thoroughly enjoyed by any woman who is going through any sort of tough patch right now. Reading this book is like having an understanding and very funny girlfriend in the room with you who's been there. I read this book in about three days and found myself laughing out loud-- sometimes because I could relate to the author, and other times because the way she described even the most horrendous and embarrassing situations, was just downright funny! Although I have not had this traumatic surgery (thank God), I could relate to Pfeiffer through her anecdotes about marriage, weight, and womanly woes. She's a very witty writer-even the titles of the chapters crack me up... "I am Woman, Hear Me Groan," "Hystery in the Making," and "The Long Gurney Home," are some of the better ones. Yes, Pfeiffer's gifted with humor, but she also writes straight from the soul. In her chapter, "No Laughing Matter," she recounts the acute pain that follows post-surgery laughter and grieves the length of time it takes for this side-effect to improve. She laments: "Life without laughter is merely an existence." Pfeiffer bares all in this personal account, which is immensely helpful to a woman planning a hysterectomy. All those questions you might have and were afraid to ask and some you didn't even know to ask(!) will be revealed. She tells you how she dealt with the recovery, as well as the mistakes she made along the way, so that you, a fellow traveler on the hysterectomy highway can learn from her experiences. And in the end, the author did learn..."Recovery gave me the chance to catch my breath, to see my life in another light...This was not an end, but a new beginning for me and mine. And I embrace the time and the limitless possibilities with the eagerness of a child, with the will of a woman."2 of 2 people found the following review helpful. What is the Big H? HUMOR!By Queen Jaw JawWhen I first purchased this book, I thought it would be a fun read and one I could pick up and sit down, at my leisure. NOT. This book is so funny that you barely get over one giggle before another one hits you! Read it at home, not in public. People will stare.I have to ask the author...did these things REALLY happen? The commode lid scene in the hospital had me bent over double laughing! I love this book and am so happy it was recommended to me. I STILL pull it down from "it's place" on my bookshelf and re-read a bit, just for a lift. Don't miss it. You'll be sorry you did...and get your own copy. That way, you can read it over and over.Hey does anyone know if there will be another book?

It took surgery for former newspaper reporter, Patti Pfeiffer, to turn author. It was during her own recovery from a hysterectomy that she wrote this enlightening and entertaining book detailing her experiences with endometriosis, laser surgery, laparoscopy, vaginal hysterectomy, surgical menopause, hormone replacement therapy (HRT) and gynecologists. Through chapters titled "Hystery in the Making" and "The Long Gurney Home", readers gain insight into the emotional, physical and mental aspects of surgery, preoperative to postoperative. But more than surgery, "Bearing the Big H" is about the peaks, perks and pitfalls of womanhood. Any woman whether healthy or hindered will relate to the satirical stories describing the experiences exclusive to the childbearing gender. If you have personally shared the author's experiences, or know someone who has had, or is about to undergo a hysterectomy, this book is priceless, upbeat, hilarious - and required reading!

"Humor is a powerful tool. Pfeiffer wields it with great skill in this important, fun book." -- Pari for Crosswinds Weekly, Albuquerque, New MexicoIn a young, modern Erma Bombeck fashion, Pfeiffer trips down the age-old road of "female problems" with humor..." -- Kathy Zehr, The Ponca City News, June, 2003sAbout the AuthorMs. Pfeiffer's journalistic career spans three decades, several states, and includes both professional as well as personal articles and publications. It was during her own recovery from a hysterectomy - flat on her back, no way to run, with nothing but a pen and pad to keep her company - that this book came to be written. It is her story of the "her-dles" of womanhood before, during, and after "the Big H".Excerpt. © Reprinted by permission. All rights reserved.Hindsight being what it is, I should have had my husband share the marriage vows with my constant internal companion. I could hear it now: "I promise to take you, Barnacle Buddy, as my wife's constant source of pain; to have and to tolerate from this day forth, in sickness and in pain; during intercourse as well as before, during and after menstruation; in times of remission and retreats; and in recurrence and rebounds until laser or hysterectomy do us all three part."