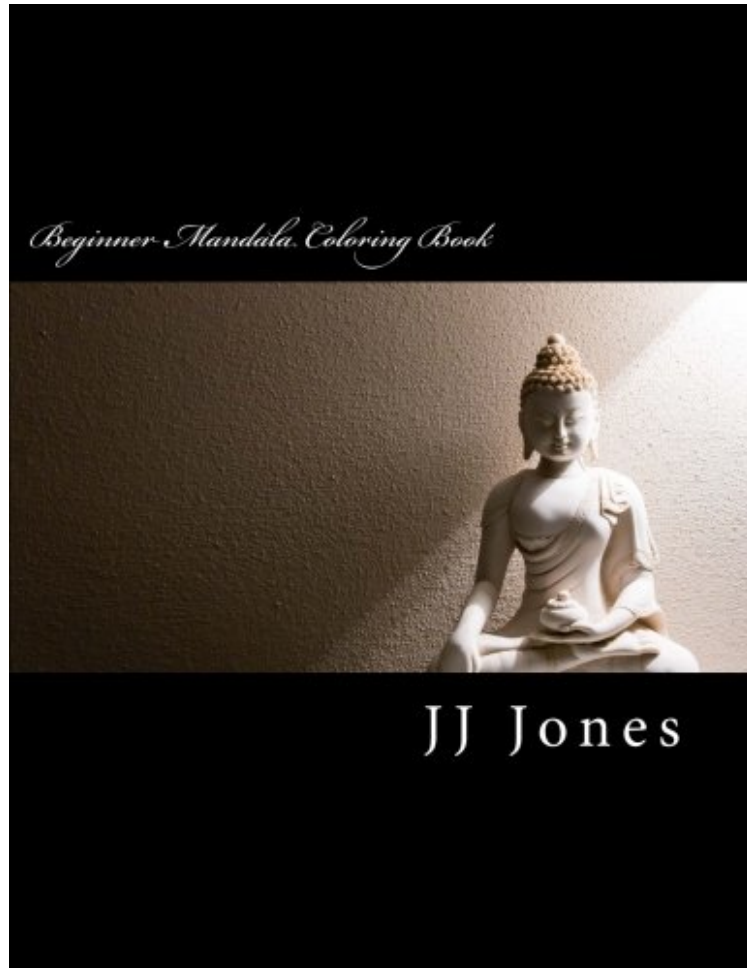


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Beginner Mandala Coloring Book

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THIS IS A GREAT ACTIVITY FOR CHILDREN ADULTS AS IT HELPS TO FOCUS THE MIND AND BRING YOU TO A POINT WHERE YOU CAN BEGIN TO LEARN THE BASIC CONCEPTS OF MEDITATION. THE FUN DESIGNS YOU COLOR WILL HELP THEM NATURALLY LEARN TO DEVELOP THE FOCUS NEEDED FOR MEDITATION. INCLUDED IN THE BOOK ARE SPIRITUAL PICTURES QUOTES TO HELP DIRECT YOUR MIND AS YOU COLOR.

About the Author JJ Jones is a 12 year old who has started to develop his own holistic product line for homeschool. This is a part of him learning how to develop products, market them, and run/manage his own business. He produces a weekly blog called Celestial Azul Kids to help answer questions other children may have about holistic practices such as meditation.