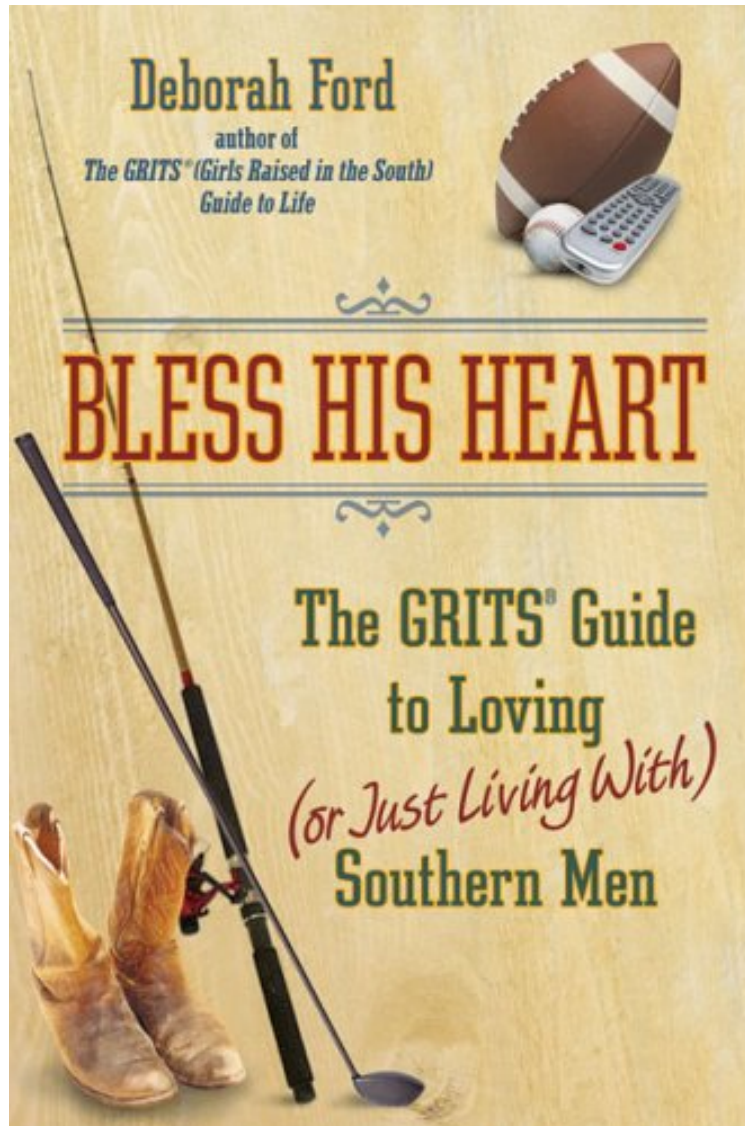


Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men

Deborah Ford

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Deborah Ford : Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men before purchasing it in order to gauge whether or not it would be worth my time, and all praised Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men:

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coming Ms. Ford! By Ali I have read the entire GRITS collection and this was yet another favorite for me. Her books just make me smile. Read it for some light-hearted fun and sweet advice that reads like the adoring southern mother we all wish we had.

Deborah Ford, tireless promoter and bestselling author of *The GRITS® Guide to Life*, delivers a field manual for catching, loving, feeding, and living with Southern men. If you're living and breathing in this country, chances are you know a GRITS (Gentlemen Raised in the South), and if you're Southern yourself (or just wish you were), chances are you love him. He's chivalrous, kind, and moral, but he can also be messy, hog-wild, inattentive, and just plain frustrating. You love him, bless his heart, but you sure don't understand him. If any of the following are true of your man, you might need this book: • Does he know every single word to his school's fight song? • Does he sing it at two a.m. on the lawn of the opposing team's coach? • Does he think nothing of driving twenty miles to help a friend fix his roof, even though he can't make it twenty feet to take out the garbage? • When he comes home, is he often as muddy as the dog trailing behind him? • Does he love MoonPies, RC Cola, and GooGoo Clusters? • Does he still think Mama can do no wrong, even though he's got grandchildren of his own? With her signature Southern wit, wisdom, and heart, Deborah Ford turns her attention to the men who drive us to distraction. Whether he lives in a tarpaper shack or a columned mansion, Deborah celebrates the wonderful, entertaining, and downright crazy GRITS that Southern women can't live without.

About the Author Debbie Ford was an internationally recognized expert in the field of personal transformation. She was the best-selling author of many books, including: *The Dark Side of the Light Chasers*, *The Secret of the Shadow*, *Spiritual Divorce*, *The Right Questions*, *The Best Year of Your Life*, *Why Good People Do Bad Things*, *The 21-Day Consciousness Cleanse*, and *The Shadow Effect*. A transformational coach, speaker, and teacher for more than 20 years, Debbie created the renowned *Shadow Process Workshop*, was the executive producer of *The Shadow Effect* transformational documentary, and founder of The Ford Institute, the world-renowned personal and professional training organization. Visit: www.DebbieFord.com.