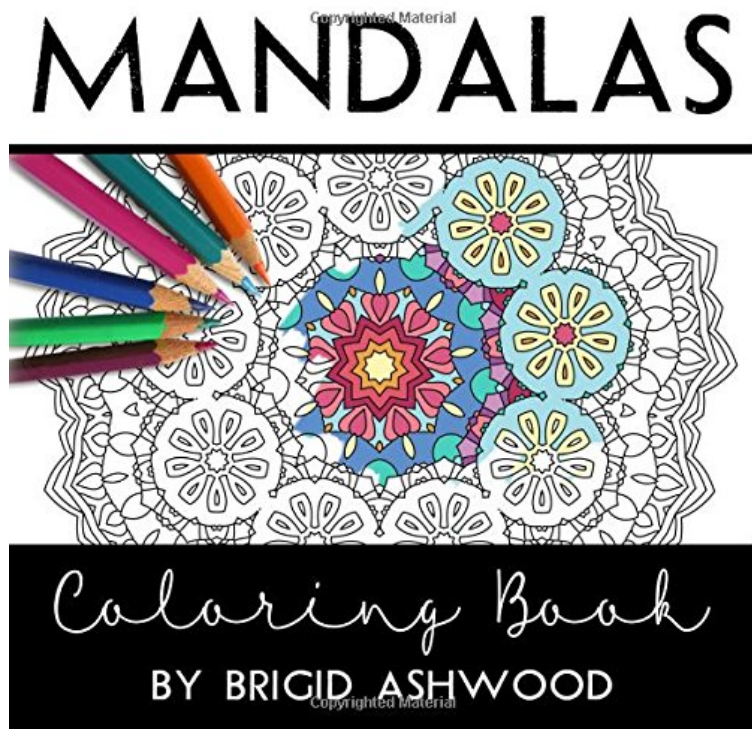


[Library ebook] Mandalas Coloring Book

Mandalas Coloring Book

Brigid Ashwood

*audiobook / *ebooks / Download PDF / ePub / DOC*



DOWNLOAD



+

READ ONLINE

#2179149 in Books 2015-06-29Original language:English 8.50 x .24 x 8.50l, #File Name: 1514768232106 pages | File size: 45.Mb

Brigid Ashwood : Mandalas Coloring Book before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mandalas Coloring Book:

1 of 1 people found the following review helpful. A Creative Escape for Anyone Needing to De-stress or Focus Concentration
By Kendall Kinnear
Brigid did a wonderful job! I used this book to help keep my mind focused after surgery. I look at the creative designs then imagine faces, fish, snowflakes, or colors to get me started on a pattern. I am using colored pencils. I would recommend these or pens to fill in the designs. I am still in recovery mode a month later and enjoy this book very much. I have showed it to everyone in the hospital and that has come to the house to help me recover. My nurse thinks this would help his mother who has dementia. I agree with this. Anyone needing a creative escape will find it in this book. Thank you, Brigid!
0 of 0 people found the following review helpful. What wonderful hours of fun this book has been
By Teri Rosario
What wonderful hours of fun this book has been. Lots of variety in the designs makes the whole book wonderful.
0 of 0 people found the following review helpful. Five Stars
By Phyllis A. Curtis
Loved it

FIFTY DESIGNS! De-stress and get in the “Zen zone” with 50 intricate and beautiful mandala designs by artist Brigid Ashwood. Perfect for coloring with fine tip markers or colored pencils. Great for adults and kids alike!