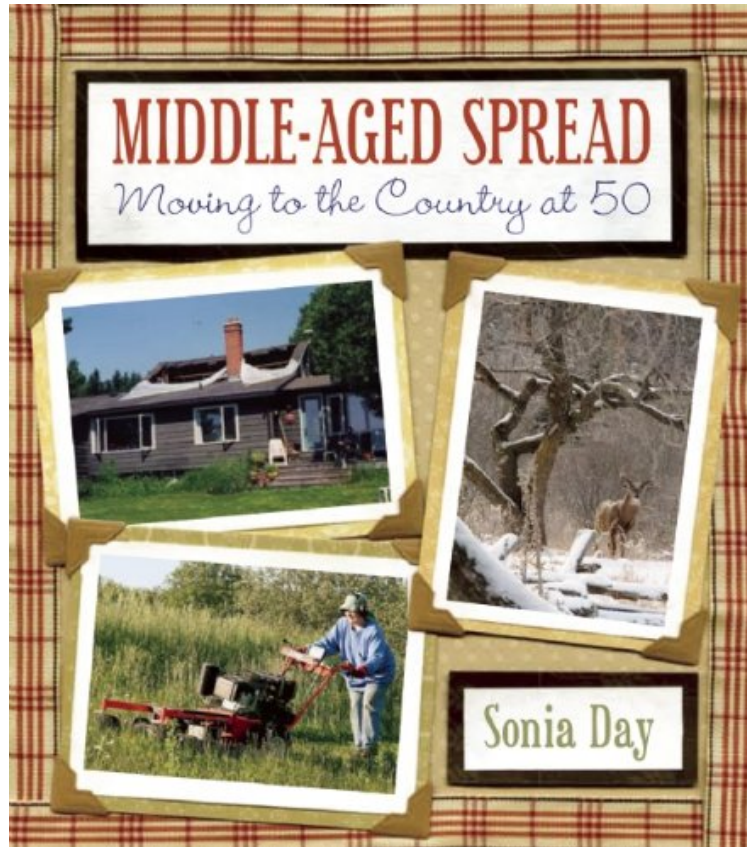


(Ebook free) Middle Aged Spread: Moving to the Country at 50

## Middle Aged Spread: Moving to the Country at 50

Sonia Day

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**Sonia Day : Middle Aged Spread: Moving to the Country at 50** before purchasing it in order to gage whether or not it would be worth my time, and all praised Middle Aged Spread: Moving to the Country at 50:

1 of 1 people found the following review helpful. A Year in the CountryBy Story Circle Book ReviewsHave you ever longed to leave the stress of the city and head for a quiet and simpler life in the country? "Get to the fifty mark and those two little words, real estate (and especially country real estate) take on an irresistible ring." says Sonia Day.Day was on an errand one afternoon and driving down a country road when she first glimpsed the "Victorian lady of modest means, now fallen on hard times but still standing rather proudly on the brow of her gentle hill. Mysterious, yet welcoming." She knew instantly that she was going to live in that house.The book is a light-hearted look at their first year in the country when city girl Sonia and her somewhat reluctant husband, referred to as Logbook Man, spontaneously decide to leave the city.Prominent in the story is the first Canadian country winter. Day finds herself alone in the Victorian lady when the first big storm of the season blows in. The next day the sun shines "...the brightness after the gloom of yesterday is exhilarating. It's the best thing about Canadian winters, this brightness, so uplifting to the spirit after a storm."I had to laugh out loud when Day's new country friend called and asked if she wanted her husband to "come by and give you a blow." Day is intrigued by the offer and says "whatever a blow is, I can't wait for this big muscular guy with the booming voice to come over and deliver it, I'm so exhausted from digging

myself." (A "blow" is country talk for using a snow-blower to clear the snow.) Day and Logbook Man survive that first winter and when spring arrives, so does Stoob the Mennonite contractor to begin work on restoring the Victorian lady back to her previous splendor. What follows are entertaining vignettes of country life filled with colorful characters as we follow the couple through the rest of that first year. The final chapter, written seven years after they left the city, illustrates just how much the country has changed them. There are also some delicious looking recipes at the end. by Linda Hoye for Story Circle Book Reviews reviewing books by, for, and about women

After a happenstance occurrence brings Sonia Day to a charming old house in the country one humid July, she is bewitched — and ready to leave city life behind. She and her spouse sell their home, say goodbye to traffic, hustle and bustle, and smog, and embrace a radically different existence. Though their journey is not the simplified, rustic experience they anticipate — their adventures lead to encounters with marijuana grow-ops, firearms, scheming squirrels, and more — they find a kind of equilibrium in the country, with hilarious results along the way. A great find for anyone yearning to get “back to the land,” as well as for anyone wondering how they might spend the second half of their lives, *Middle Aged Spread* is a delightful look at the trials and treats of country life.

?Middle-Aged Spread is entertaining and well-written and reminds us that life, even in middle age, should be unexpected.? ? Toronto Star About the Author SONIA DAY is the author of *The Plant Doctor*, *The Urban Gardener Indoors* and *The Complete Urban Gardener*. Having moved from the city, she lives in Bellwood, Ontario.