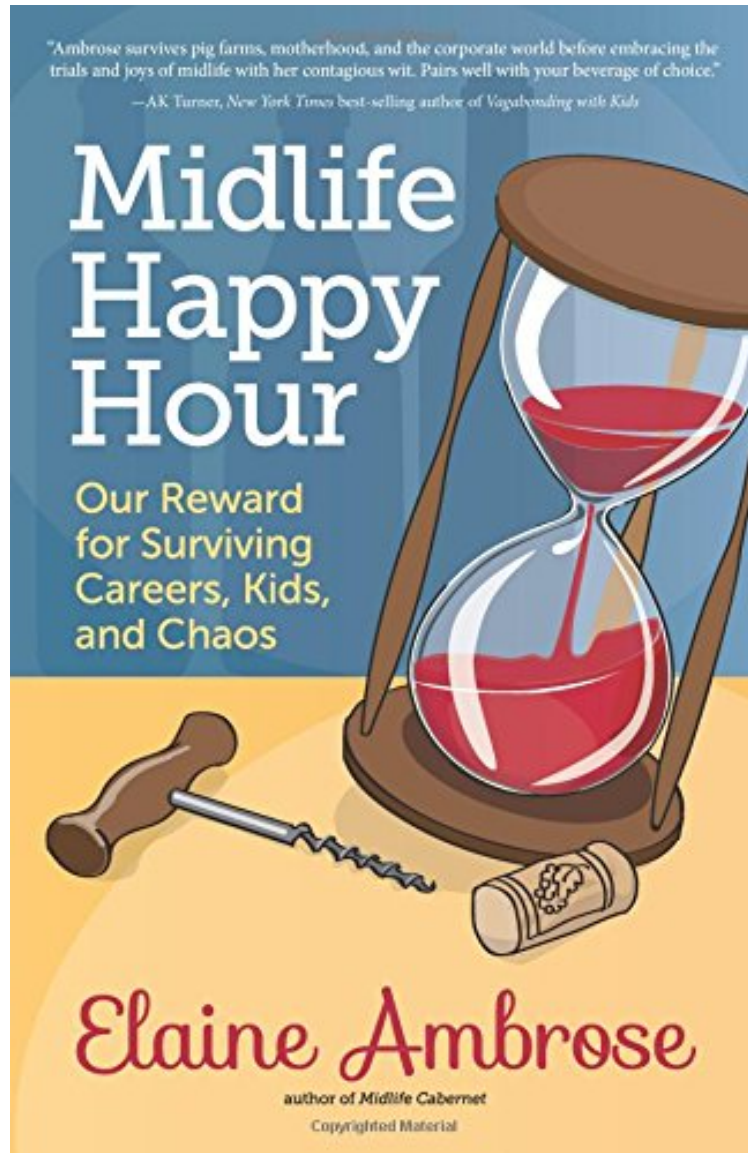


[Download] Midlife Happy Hour: Our Reward for Surviving Careers, Kids, and Chaos

Midlife Happy Hour: Our Reward for Surviving Careers, Kids, and Chaos

Elaine Ambrose

*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#1599484 in Books 2016-10-04 Original language: English PDF # 1 8.40 x .50 x 5.40l, .0 #File Name: 1612549217224 pages | File size: 36.Mb

Elaine Ambrose : Midlife Happy Hour: Our Reward for Surviving Careers, Kids, and Chaos before purchasing it in order to gage whether or not it would be worth my time, and all praised Midlife Happy Hour: Our Reward for Surviving Careers, Kids, and Chaos:

6 of 6 people found the following review helpful. A Fun and Fulfilling Read - with our without CabernetBy Elaine

Plummer Thank you Elaine Ambrose for the laugh out loud book about your life. It is truly a happy hour of experiences, survival, kids, loves gone bad and quite well. She shares her story about when she blogged about farting during an MRI. That particular episode is enough to make one tinkle with laughter. You won't be alone, I believe that particular blog was enjoyed internationally, as it was translated in many different languages. Elaine taught us all that farting can make even enemies laugh together. Who knew!! The thing about Elaine is she takes the usual, like traveling with kids, sharing time with friends or how to manage ones period and turns it into a funny and ironic tale the reader can enjoy with her. Through the book, I was able to shop with her, go dancing and even attend a speaking event where she wore furry and fuzzy while two other ladies of a tinier body type on the same panel wore black. Who hasn't been the outlier and experienced some level of discomfort. Elaine makes you appreciate the humor and helps you not take yourself too seriously. While this book is focussed on her midlife, it is for anyone who has parented, married, divorced, traveled and just lived life. What a great gift this would make for a friend or spouse. But, I would read it first and try not to wrinkle the pages or spill tears from laughing on the print. 1 of 1 people found the following review helpful. Cheers to Elaine! By Kate M Elaine Ambrose's book, "Midlife Happy Hour," is an homage to the delights of middle age and beyond. The inevitable body changes - not quite so delightful - are embraced with laughter, rather than any real regret. Remembering the struggles of bringing up children (in addition to maintaining a home and probably keeping up with a full time job - with or without a spouse) makes the role of grandmother and independent adult all the sweeter. Elaine shows that midlife is, indeed, the "happy hour" of our lives and inspires us to celebrate this wonderful slice of time. I laughed out loud at Elaine's exploits and found myself wishing I could join her and her friends for a glass of wine and hilarity. Here's to you, ladies! 3 of 3 people found the following review helpful. A group I'd want to be a part of! is that a compliment? By Customer Fun easy read! some LOL moments and overall very enjoyable; the author has had some hilarious self effacing experinces and led a very interesting, unexpected life. I'm going to buy some copies as gifts because I know a lot of women who can really relate and appreciate this book. Everyone needs a Midlife Happy Hour club!

More than 40 million middle-aged women are tumbling over the hill laughing all the way because the kids are grown, their menstrual periods stopped, and they survived at least four decades of arbitrary rules dictated by a crabby universe. They went to work with varying degrees of success and they brought home the bacon but threw it in the freezer and ordered pizza. Now they're ready to celebrate the freedom of pending retirement because they know it's more fun to laugh hysterically than to stab someone with a fork and deal with the messy court case and inconvenient jail time. With her irreverent kiss-my-attitude, Elaine Ambrose shares her life experiences through a series of amusing anecdotes created to show women over age 50 that life is worth living out loud. Readers will learn how to remain relevant when the world ignores them, why their children are cute but should grow up and move out, how to cope when their aging parents forget their names, and why it's never too late to get serious about a passionate love life. She even throws in a few hints for fabulous fashion and decorating ideas for lazy people. This creative collection of humorous, gluten-free, and non-fattening stories will encourage midlife friends to grab an adult beverage and order two laughs for the price of one as the appropriate reward for surviving careers, kids, and chaos. It's time for Midlife Happy Hour!

About the Author Elaine Ambrose has authored or coauthored ten books, including Menopause Sucks, and her syndicated blogs are popular on several websites including The Huffington Post and BlogHer.com. She lives in Eagle, Idaho, with her patient husband. Visit her website at ElaineAmbrose.com.