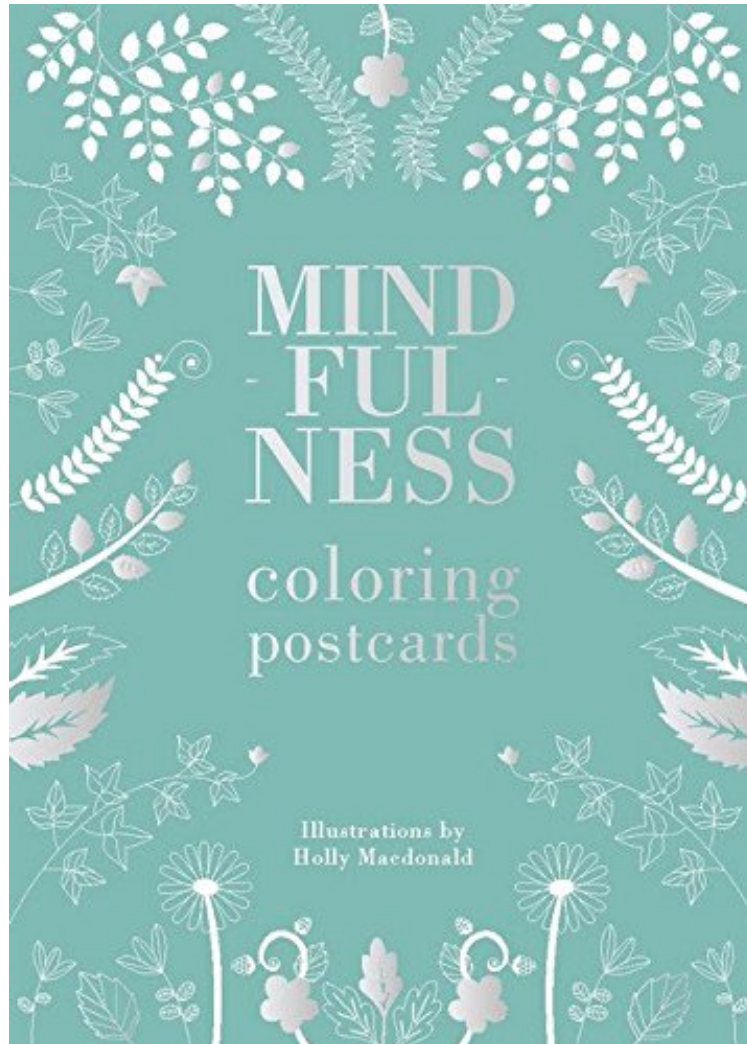


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Mindfulness Coloring Postcard Set

From MacDonald Holly

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#640923 in Books MacDonald Holly 2016-08-02 2016-08-02 Original language: English PDF # 1 6.00 x .38 x 4.251, Binding: Cards Mindfulness Coloring Postcard Set | File size: 53.Mb

From MacDonald Holly : Mindfulness Coloring Postcard Set before purchasing it in order to gage whether or not it would be worth my time, and all praised Mindfulness Coloring Postcard Set:

1 of 2 people found the following review helpful. Five Stars By ilovebooks These were great for what I needed them for! 1 of 4 people found the following review helpful. Five Stars By Marie E, Erickson Very pretty 1 of 1 people found the following review helpful. Coloring book has nice THICK paper By Ashley Coloring book has nice THICK paper, the kind those of us who color with a lot of pressure love! Perfect for postcards, thicker than the ones you get say at a souvenir shop. I ended up gifting it because the drawings were very simple and lacked detail, seemed in my opinion like a coloring book for a child with mature pictures.

This fun book of 20 detachable color-in postcards is the perfect way to explore your artistic side and share your creative endeavors with friends. Following on from the bestselling *The Coloring Book of Mindfulness*, it includes line drawings of the natural world—from flowers and trees to butterflies and birds. All the illustrations have been specially designed to be colored in—alongside inspirational quotes, which will enable you to still the mind and relax the body, while generating a feeling of wellbeing that will permeate all aspects of everyday life. Each postcard can be colored in, then mailed to a loved one or displayed at home.