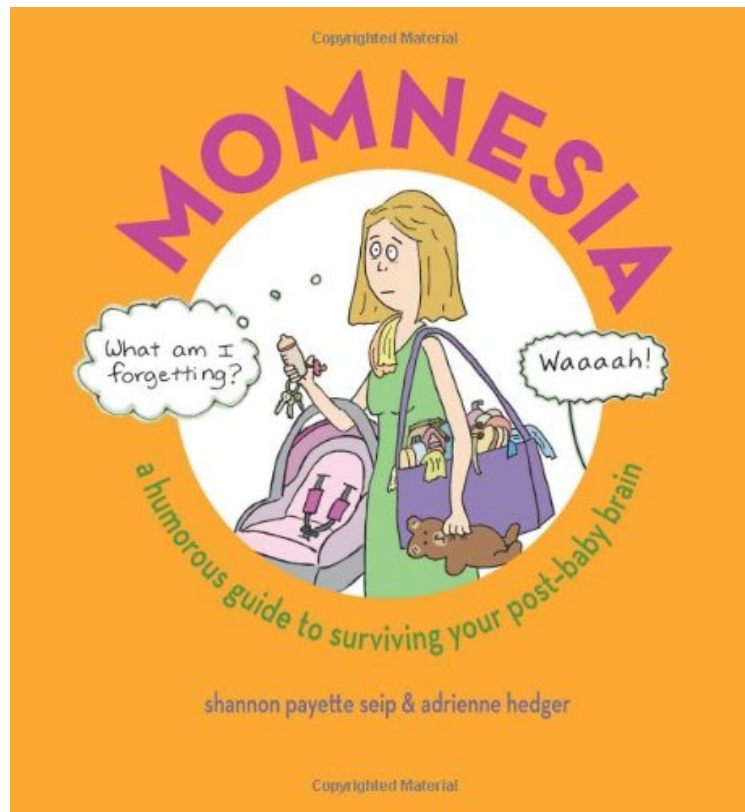


[Download free ebook] Momnesia: A Humorous Guide to Surviving Your Post-Baby Brain

# Momnesia: A Humorous Guide to Surviving Your Post-Baby Brain

Shannon Payette Seip

ebooks | Download PDF | \*ePub | DOC | audiobook



 Download

 Read Online

#1524523 in Books Andrews McMeel Publishing LLC 2009-03-17 2009-03-17 Original language: English PDF # 1 7.40 x .50 x 7.40l, .70 #File Name: 074077917696 pages | File size: 36.Mb

**Shannon Payette Seip : Momnesia: A Humorous Guide to Surviving Your Post-Baby Brain** before purchasing it in order to gage whether or not it would be worth my time, and all praised Momnesia: A Humorous Guide to Surviving Your Post-Baby Brain:

0 of 0 people found the following review helpful. Not quite as funny as The World According to ToddlersBy siliaI don't know, have I already momnesia'd out of recalling the early years of being a parent? My kids are only 3, I think I remember most of it. Just the other day the grating little grunt my kid let out made me jump up and think she was pooping her diaper before I remembered she was potty trained. (I checked, she wasn't.)Anyway, while the humor was similar I still found The World According to Toddlers funnier. Yes, I may be influenced because its more applicable to my current situation, but I DID read World According to Toddlers before they were actually toddlers. Some of it was puzzling until it actually happened. Then it was pretty funny. Anyway, World According to Toddlers seemed to have more content or a broader range of humor. I think the idea of Momnesia was a little more stretched out and one note. The puzzles, for example, were funny in a quick take that didn't require a whole page, or more than one page. Yes, they made the point that Momnesia victims weren't going to have much attention span, but you know... you're buying a book here...I gave this four stars instead of just 3 because it's a nice book: not evil or snarky or depressing. You NEED this type of humor when you're going through this stress. It's sweet and funny and makes you feel like there's people

who understand what you're going through. I just like the Toddler book a bit better. 0 of 0 people found the following review helpful. Four Stars By joanne backmangood baby shower gift 0 of 0 people found the following review helpful. Five Stars By Kathy C Very cut book

Lack of sleep, hormone overload, and a tiny human being that requires constant attention--it all conspires to extinguish a new mom's brain. What rises in its place is a brain that's fuzzy, and focused only on the basics: food, poop, and sleep. That, my friend, is a case of momnesia. This hilarious how-to guide, full of coping tips, brain boosters, diagrams, and anecdotes, can help moms reclaim their brains. More important, Momnesia also maintains a mom's sense of humor as she leaves her car keys in the freezer, forgets her husband's name, or accidentally runs over the diaper bag (again). Momnesia is a sweet and funny gift that's perfect for celebrating baby showers and congratulating new moms.\* Momnesia is packed with small bits of baby-themed humor, tips, quizzes, cartoons, lists, and more that empathize with the ups and downs of motherhood.\* It's a great companion book to the authors' work about breastfeeding, cleverly titled *If These Boobs Could Talk*.\* It's a fact: momnesia happens. In early 2008, CNN reported a study that found 82 percent of women claimed some type of absentmindedness during pregnancy and shortly after giving birth, including memory loss and an inability to concentrate.

About the Author? The creative duo Shannon Payette Seip and Adrienne Hedger both answer to "Mom," "Mommy," and "Mommmy!" Shannon owns Bean Sprouts--healthy kids' cafes in Madison, Wisconsin. Adrienne is a writer and illustrator whose designs have been published by Recycled Paper Greetings. She calls San Clemente, California, home. Their previous books include the award-winning *If These Boobs Could Talk* and *Momnesia*.