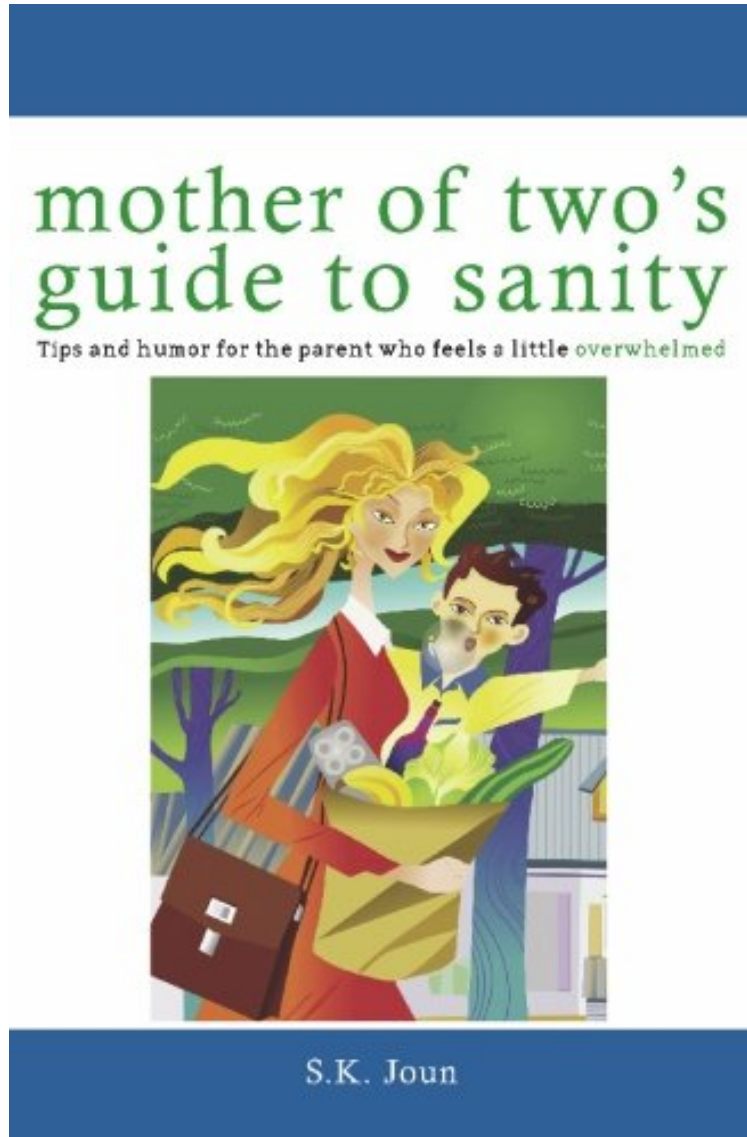


(Read free) Mother of Two's Guide to Sanity

Mother of Two's Guide to Sanity

S. K. Joun

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S. K. Joun : Mother of Two's Guide to Sanity before purchasing it in order to gage whether or not it would be worth my time, and all praised Mother of Two's Guide to Sanity:

1 of 1 people found the following review helpful. Best parenting tips!By Julie H.Since the birth of my first child 10 years ago, I must've bought dozens of parenting guides. I can honestly say this one goes to the top of my list for any parent. Now, why wasn't this book around 10 years ago when I really could've used it? This is not a book by so-called experts - the doctors, the psychiatrists, the behaviorists, etc., etc. This is by another parent who found what worked for

her and what I think will work for any parent. It did for me. I'm amazed how creative some of the solutions are in this book about getting the baby to sleep through the night, getting my older ones to listen without sounding like a nag, and creating time with my husband too! It is so easy to read, so easy to understand, and so easy to use every day. I've only had the book for two weeks and I've seen so much improvement at home. I'm finally getting some sleep! I've shared some of the tips with my sister, parents of other students at my son's school and at these mothers support groups. They think I'm some sort of an expert! I'd recommend this book to anyone. 1 of 1 people found the following review helpful. Inciteful and witty, an excellent quick read! By L.D. I wish I had this book when my kids were younger! S.K. Joun presents wonderfully creative ideas on how to deal with age old problems...all with charming humor and insight. It also gave me comfort knowing I'm not the only one with these experiences. It's a quick read and I know I will reference it again and again for the great ideas. From start to end, a fabulous book and one I highly recommend it!!!

Mother of Two's Guide to Sanity by S.K. Joun is a self-help book by a parent for parents who are either new to the game or need a quick refresher course. This parenting guide has a few new tricks with its biggest revelation being that parenting is a skill that must be developed and practiced.

From the Publisher A super QUICK FUN read! Only 52 pages! What parent has the time to read a long tedious book? Read this book - get the tips and then use them right away! From the Back Cover Great parents aren't born, they read this book. The fact is if you have a child your life is probably pretty nuts, but if you have two, there are times you may begin to question your sanity! Have no fear. S.K. Joun has written a clear, concise guidebook to parenting that is witty and wise. Written from a parent's perspective, Mother of Two's Guide to Sanity provides useful young children parenting tips like how to get your little one to sleep alone and reveals the secrets of how to lose the dreaded pregnancy weight. S.K. Joun offers advice and remedies for working parents to perfect the art of parenting. The best part is you can be well-versed in one quick read. Consider this the abridged, cheat sheet version of Parenting 101. "Mother of Two's Guide to Sanity is a refreshing change of pace...chock-full of usable tips...focuses primarily upon the most tried-and-true--and sensible--advice...with down-to-earth humor. Mother of Two's Guide to Sanity is recommended for all parents, new or not so new, who want to make their own parenting more manageable, and regain a shred of sanity to boot." - New York Times best selling author Ellen Tanner Marsh S. K. Joun received her undergraduate degree in sociology from Harvard University and her MBA from Suffolk University. She and her husband have two children and live in Massachusetts. About the Author S.K. Joun received her undergraduate degree in sociology from Harvard University and her MBA from Suffolk University. She and her husband have two children and live in Massachusetts.