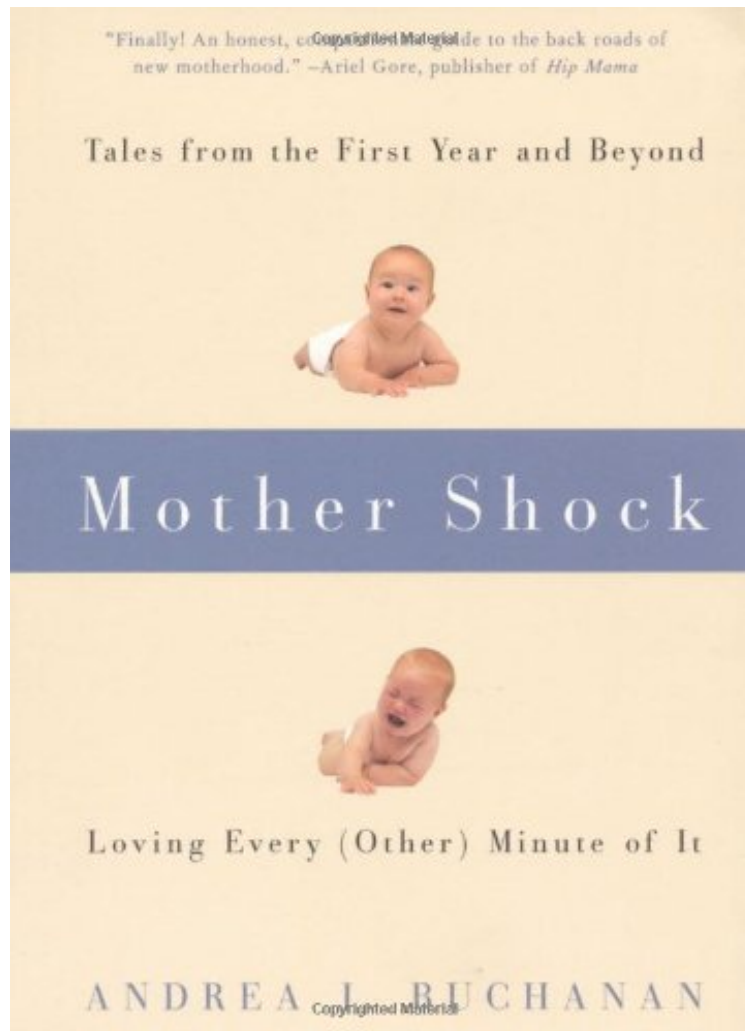


[Read now] Mother Shock: Loving Every (Other) Minute of It

Mother Shock: Loving Every (Other) Minute of It

Andrea J. Buchanan

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Andrea J. Buchanan : Mother Shock: Loving Every (Other) Minute of It before purchasing it in order to gage whether or not it would be worth my time, and all praised Mother Shock: Loving Every (Other) Minute of It:

1 of 1 people found the following review helpful. You are not alone!By Dawn PearsonThis book helped me through that unbelievably difficult adjustment to my life as a mom. I had my daughter at age 36 and was not expecting how terribly hard it would be to give up my old "self," adjust my relationship with my husband, and adapt to life as we now know it. I was completely prepared for sleepless nights, potty training, all that - but was wholly shocked by what motherhood did to my personality and my rich inner world. Goodbye, ego! I was shocked and angry - This book helped me feel normal and that things would eventually be OK. And they were. I highly recommend this book to any mother, but especially to those who feel alone as they struggle to meet our culture's expectations for how new moms

are supposed to feel and act. 1 of 1 people found the following review helpful. a MUST read before bringing baby home!!By CALMLILACThis book was sent to my daughter when their son was about 2months old. She read it in 3 days and said of all the books she read while pregnant didn't ready them as much as this book. She said it came at the right time. She needed to know that the "shock" of being a mom is a real thing. She laughed and cried while reading it and it will be a book she sends to friends expecting their first child. Makes a great baby shower gift!!1 of 1 people found the following review helpful. Five StarsBy ASWonderful read for any mom, but especially for new mothers or mothers of toddlers.

According to Andrea Buchanan, "Mother shock" is the state in which many new parents exist during those first confusing, chaotic and often comical years of parenting. It is the clash between expectation and result, theory and reality. It is the twilight zone of 24-hour-a-day living; where life is no longer neatly divided into day and night; the triple-impact of hormonal imbalance, sleep deprivation, and physical exhaustion. It is the stress of trying to acclimate quickly to the immediacy of mothering; a new conception of oneself, one's role in the family and in the world; a fearful new level of responsibility, and a new delegation of domestic duties. In this much-needed and delightfully funny collection of essays, Buchanan shares the insight she gains as she moves through the stages of mother shock. From "Fear of the Double Stroller" and "Confessions of a Bottle Feeder" to "I'm an Idiot" and "Everything I Needed to Know I Learned in Playgroup," Buchanan details the unimaginably difficult and unbelievably rewarding process of becoming a mother.

Buchanan documents the anxiety and thrill of new motherhood ... in a way that's as entertaining as it is brave. -- Philadelphia Weekly, May 2003 Buchanan writes in a graceful, down-to-earth style. -- Brain, Child Magazine (Spring 2003) Potently honest.... Buchanan's... capacity for self-reflection paves the path for all mothers... to explore the complex feelings that accompany motherhood. -- Big Apple Parent (May 2003) About the Author Andrea Buchanan's work has been featured in the collection "Breeder: Real Life Stories from the New Generation of Mothers" and in on-line parenting magazines, including Oxygen.com's MomsOnline and hipMama.com. Her syndicated column "The Dark Side" runs on various websites, including the site she created for Philadelphia mothers, PhillyMama.com. Before becoming a mother, Andrea was a classical pianist. Her last recital was at Carnegie Hall's Weill Recital Hall, back before she knew how to play the Teletubbies theme song. She lives with her family in Philadelphia.