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JJ Keith

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MOTHERHOOD SMOTHERHOOD



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JJ Keith : Motherhood Smotherhood: Fighting Back Against the Lactivists, Mompertitions, Germophobes, and So-Called Experts Who Are Driving Us Crazy before purchasing it in order to gage whether or not it would be worth my time, and all praised Motherhood Smotherhood: Fighting Back Against the Lactivists, Mompertitions,

Germophobes, and So-Called Experts Who Are Driving Us Crazy:

0 of 0 people found the following review helpful. Exactly what I needed
By Penelope Matters
Thank goodness for this book! A real look at parenting and how it can't be perfect all the time (despite what Facebook might say). This book made me feel like I am doing a bang-up job as a parent even though I: 1)work 2)have a husband who helps A LOT 3)take some time to be a human and don't rush to pick them up from day care...and so many more reasons!! And I completely read this book on my iPhone's kindle app at ungodly hours when my one year old wasn't sleeping for one reason or another. So this book gave me some empowerment at some of the weakest moments.
4 of 4 people found the following review helpful. Words of Wisdom
By Janice Myer
I loved this book and didn't want it to end. Though I am well past the mommy age, I enjoyed the memories it brought back. JJ's style is totally engaging, providing me with many LOL moments. Five stars here!
4 of 5 people found the following review helpful. Hilarious, informative, and in a class by itself
By Susan Sheu
I enjoyed this book immensely and wish it had been around when I had my first child many years ago. It might have saved me from many lost hours I can never get back reading and listening to a lot of judgmental, absolutist BS on how to be a parent! Luckily I have a new baby, so I needed to hear some of this stuff again. This book stands head and shoulders above most of the rest of literature for expectant and new parents in that it is a real-world, common sense approach to how to make the transition from relatively happy-go-lucky childless adult, to parent without losing your mind, or your sense of identity. (The title says "motherhood," but really, unless they're not planning to do any parenting, dads could use this book too.)The author combines her personal experience with scientific research into many areas of parenting infants and toddlers such as feeding, sleeping, diapering, the so-called "mommy wars" (barf), birthday parties, vaccinating, and other areas that tend to confuse and polarize parents, at least online. She does the reader a great service by reminding that when a child is beyond infancy, no one will remember which doctrinaire approach to sleeping/diapering/feeding/etc you used. The kid will only remember whether he or she felt loved and cared for.
One important thing to note is that this book is not only very informative but hilarious! I laughed out loud in every chapter. This book is wonderful to read and as useful if not more so than another book I like to give to expectant and new parents: *Operating Instructions* by Anne Lamott. It's funnier and more informative than *The Girlfriends Guides* (which I thought were very funny during my first pregnancy). I recommend it highly and plan to give it as a gift to new parents. It's one of those rare treats in the world of useful nonfiction that entertains, educates, and made me feel less alone at a time of huge transition.

What's the first thing a woman does when she thinks she might be pregnant? She Googles. And it goes downhill from there. While the internet is full of calming and cheerily supportive articles, it's also littered with hyper-judgmental message boards and heaps of contradictory and scolding information. *Motherhood Smotherhood* takes parents through the trenches of new parenting, warning readers of the pleasures and perils of mommy blogs, new parent groups, self-described "lactivists," sleep fascists, incessant trend pieces on working versus non-working mothers, and the place where free time and self-esteem goes to die: Pinterest (back away from the hand-made flower headbands for baby!).

"J. J. Keith's writing is exceptionally gutsy, sometimes heartbreaking and always laugh out loud funny. She's the queen of finding a fresh angle on every topic. What I'm saying is, I'm jealous of her ability. Okay? There. The secret is out."— Stefanie Wilder-Taylor, bestselling author of *Sippy Cups Are Not for Chardonnay* and *Naptime is the New Happy Hour*"I love her stuff."—Jenny Lawson (*The Bloggess*), New York Times bestselling author of *Let's Pretend This Never Happened*"DUDE. This is epic. Every new mom needs a copy of *Motherhood Smotherhood*."— Rebecca Woolf (*Girls Gone Child*), author of *Rockabye: From Wild to Child*"J. J. Keith's entertaining book succeeds where so many writers on parenting fail: she takes her experience, avoids universalizing it, and uses it to bring parents together, away from the myth of perfection parenting. *Motherhood Smotherhood* is filled with worldly perspective and an original voice. In short, it's frank, fresh, and funny. I wish I'd written it."— Leanne Shirliffe, author of *Don't Lick the Minivan: And Other Things I Never Thought I'd Say to My Kids*"If for some reason I end up with a kid, this is the shit I would read."— Samantha Irby (*Bitches Gotta Eat*), author of *Meaty: Essays*"In today's culture of parenting do's and don'ts, those who seek out the 'best' child-rearing philosophies are often met with more questions than answers. J. J. Keith demystifies those questions by asserting that no parent is perfect—and that's okay. Her relatable and witty essays soothe rather than worry, and for someone who's embarking on the parenting journey, that's the only advice that will really matter."— Blair Koenig, author of *STFU, Parents: The Jaw-Dropping, Self-Indulgent, and Occasionally Rage-Inducing World of Parent Overshare*"I should have written this. My bad."— Dr. Benjamin M. Spock (posthumously via a reputable psychic)