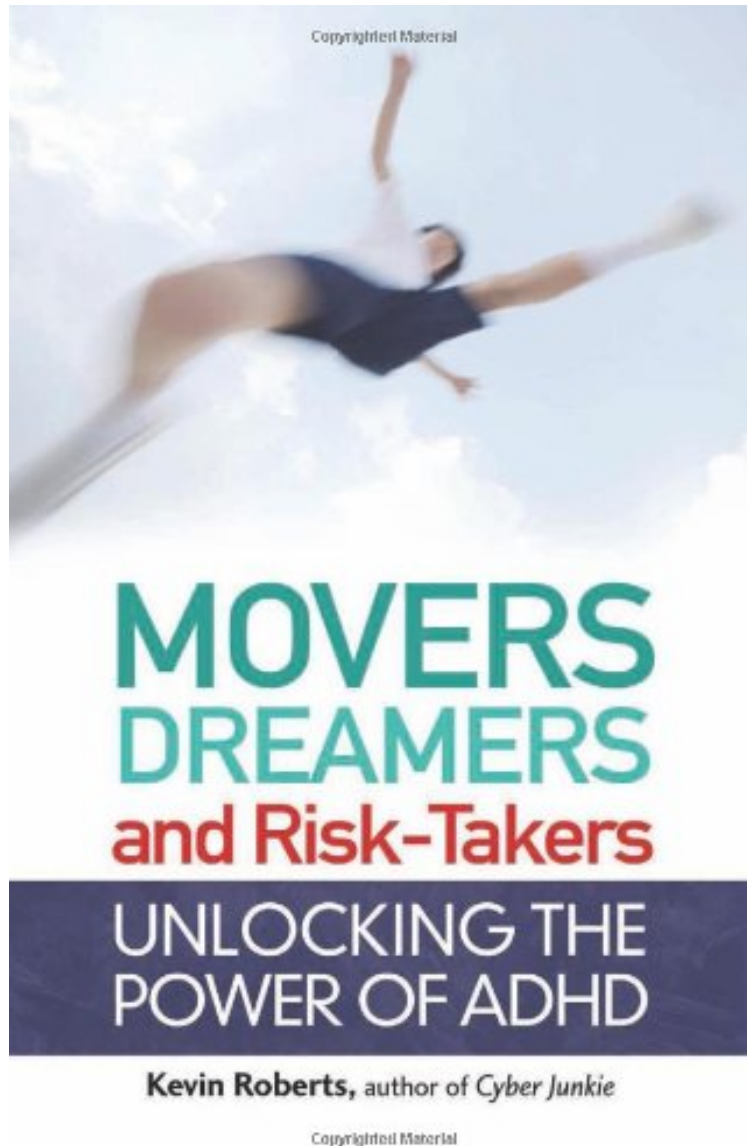


[Download ebook] Movers, Dreamers, and Risk-Takers: Unlocking the Power of ADHD

Movers, Dreamers, and Risk-Takers: Unlocking the Power of ADHD

Kevin Roberts

*audiobook / *ebooks / Download PDF / ePub / DOC*



[Download](#)

[Read Online](#)

#950904 in Books Hazelden 2012-04-13 2012-04-13 Original language: English PDF # 1 8.40 x .60 x 5.50l, .70 #File Name: 161649204X250 pages | File size: 18.Mb

Kevin Roberts : Movers, Dreamers, and Risk-Takers: Unlocking the Power of ADHD before purchasing it in order to gauge whether or not it would be worth my time, and all praised Movers, Dreamers, and Risk-Takers: Unlocking the Power of ADHD:

3 of 3 people found the following review helpful. Kept my attention from start to finishBy Myrral loved the book and

it kept my attention from start to finish .I am a mother of 3 adhd boys and also have adhd my self .The book is very well written and gives a good insight into how the ADHD mind functions.The author is sincere about his life with ADHD and shares with us important tools for success in school and life for people with ADHD.He writes about ADHD from other and less common perspective and shows us how important it is to see the talent and the benefits of ADHD. So our attitude towards ADHD changes.It also gave me hope for me and my boys to have a successful life as "ADHDers" When the book was finished I missed to read it. And when I miss a book when it's over, it is VERY GOOD0 of 0 people found the following review helpful. Phenomenal Book!!!!!!By CustomerI really loved this book!!!! It allowed me to gain a deeper understanding into the mind of the ADHDer. I would recommend this book to anyone who requires or just would like a deeper knowledge of the ADHD mind. Anyone who has ADHD or is close to someone with ADHD should absolutely purchase and read this book. It will help tremendously.2 of 2 people found the following review helpful. Incredibly helpful approach to ADHDBy MVOThis is the most helpful book I've found on ADHD. Kevin Roberts shares his personal experiences as an ADHDer and his success in helping others. It is filled with practical, helpful advice and Kevin Roberts' positive energy jumps off every page. Not a dry clinical book that treats ADHD as a disorder. This is the first time I've felt hopeful about ADHD.

Learn to tap the skills and talents unique to those with ADHD and enhance your ability to succeed socially, academically, and in your career.An inability to focus, impulsiveness, misbehavior, frequent daydreaming, and a predisposal to addiction are frequently referenced traits of Attention Deficit Hyperactivity Disorder (ADHD). But what about the gifts of ADHD? In *Movers, Dreamers, and Risk Takers*, Kevin Roberts, author of *Cyber Junkie*, takes a fresh approach to this much-written-about topic to help those with ADHD--their parents, teachers, and friends--to tap the hidden strengths and actual advantages inherent in the ADHD personality.Those with ADHD have a predisposition to confronting the challenges of life and a deep preference for perceiving the world creatively. Roberts helps readers appreciate how the perceptual, interpersonal, and cognitive differences of "ADHDers" like these can be translated into unique skills and talents that can enhance their ability to be successful socially, academically, and in their careers.Roberts combines the latest research with personal stories, as well as insights born from his work with those with ADHD. He shows readers how to get past the stigma of this condition to eventually turn what have been seen as "symptoms" into character strengths and creative ways to make life richer and more interesting for themselves and the people around them.

"If you or someone you know has ADD/ADHD, then Kevin Roberts' book is a must read for you. It's '5 Book' worthy and a fantastic guidance for more information on a difficult problem. I am forever keeping this on my bookshelf and when I get frustrated with my son...I can pull this out and say okay. Breathe. This is how we will handle things....Thanks, Mr. Roberts for an amazing tool!"-- s By Molly"Thankfully, this book is every bit as positive, and humorous, as it promises to be. I wholeheartedly recommend this book to everyone who knows someone with ADHD, has ADHD, is an educator...well, to everybody, really. It's funny, filled with current research on ADHD, and most importantly, gives hope that those with ADHD can not only succeed in life, but be a powerful force in it, coming up with new ways of doing things that the rest of us can't even dream of."--Life Unfocused"Once I started reading *Movers Dreamers and Risk-Takers*, I couldn't stop as I was so inspired and my brain was going crazy with joy that someone in the world understands what my kids and I go through on a daily basis. So much of my day is spent avoiding negative criticism (from certain people) that it is refreshing to read a positive approach at looking at ADHD."--Book Snob Blog"*Movers, Dreamers and Risk-takers* is a must-read for every parent, caregiver, teacher and individual who knows someone, works with someone and/or cares for someone who struggles with ADHD. It is powerful. For all the knowledge it imparts, but even more for the power it gives to families and individuals to make ADHD a blessing rather than a curse; *Movers, Dreamers, and Risk-takers* is invaluable!"--My Bookshelf Blog"As a writer, Roberts is engaging; as a comedian, he is able to laugh at himself and keep the book light-hearted and upbeat. As a life coach, ADHD counselor, and ADHD patient, he demonstrates that he has the professional and personal experience to speak from a position of authority on the subject. This combination of personal and professional experience, positivity, and humor makes his book an irresistible read."--PsychCentral