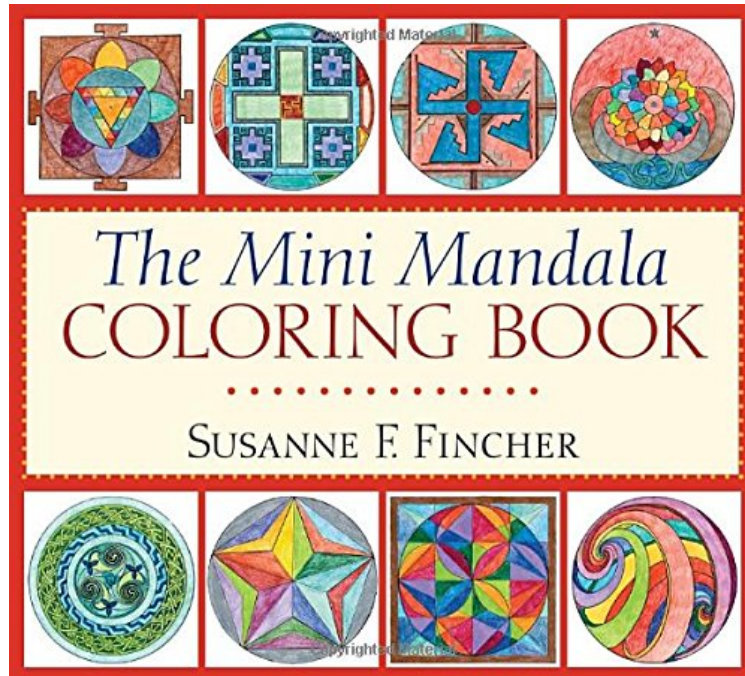


The Mini Mandala Coloring Book

Susanne F. Fincher

**Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#356434 in Books Shambhala Publications 2014-10-07 2014-10-07 Original language: English PDF # 1 5.00 x .40 x 5.50l, .81 #File Name: 1611801761112 pages Shambhala Publications | File size: 67.Mb

Susanne F. Fincher : The Mini Mandala Coloring Book before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Mini Mandala Coloring Book:

5 of 5 people found the following review helpful. Portable and Fun! By K. Maschal-Walsh The wonderful thing about the MINI mandala coloring book is that you can easily carry it with you. I also enjoy that coloring the smaller mandalas takes far less time than the full-sized coloring book pages, which is occasionally nice if I have a burning desire to color but little time to do so. All of Susanne F. Fincher's mandala coloring books use thick paper so even markers do not bleed through, and the image outlines are thick and easy to see. 1 of 1 people found the following review helpful. Warning: Highly addictive! A MUST buy. You will be hooked on it as soon as you start. By Paula E-G My sister gave me this awesome little mandala coloring book and I couldn't put it down until I had done all of them. I literally spent much of my free time thoroughly enjoying seeing how each one looked as I finished them. I already purchased one and sent it to my best friend as a surprise with a package of colored markers. I was not an "adult coloring book" aficionado before this and was surprised at how much I enjoyed it. I highly recommend this cute little mandala book. Its also a super convenient size to take in my purse to pull it out to fill time waiting at appointments. 4 of 4 people found the following review helpful. Recommend Sharpie Ultra-Fine-Points accompany this book. By Mary F. Beautiful little book. Easy to carry around in my purse. Would highly recommend Sharpie Ultra-Fine-Points accompany this book.

48 portable mandala designs to color that provide a pathway to deeper meaning and personal growth--from the author of the popular Coloring Mandalas series. Coloring the traditional circular designs known as mandalas is a meditative

practice, a healing exercise in times of crisis, and a pleasurable act of creativity. As a symbol of the Self, the mandala provides a connection to our innermost being. The forty-eight drawings presented here for coloring include designs inspired by forms of nature, Native American and Tibetan sand paintings, Hindu yantras, Turkish mosaics, and the art of M. C. Escher. These mandalas are organized according to the Great Round of Mandala, a scheme of twelve archetypal stages that represents a complete cycle of personal growth. Thus, to do the coloring book from start to finish will carry the reader through a balanced experience of change, guided by the accompanying text.

About the Author SUSANNE F. FINCHER, MA, is a Jungian-oriented psychotherapist, a licensed professional counselor, a board-certified art therapist, and an internationally known expert on using mandala making for self-exploration. She is also the author of *Creating Mandalas* and the *Coloring Mandalas* series.