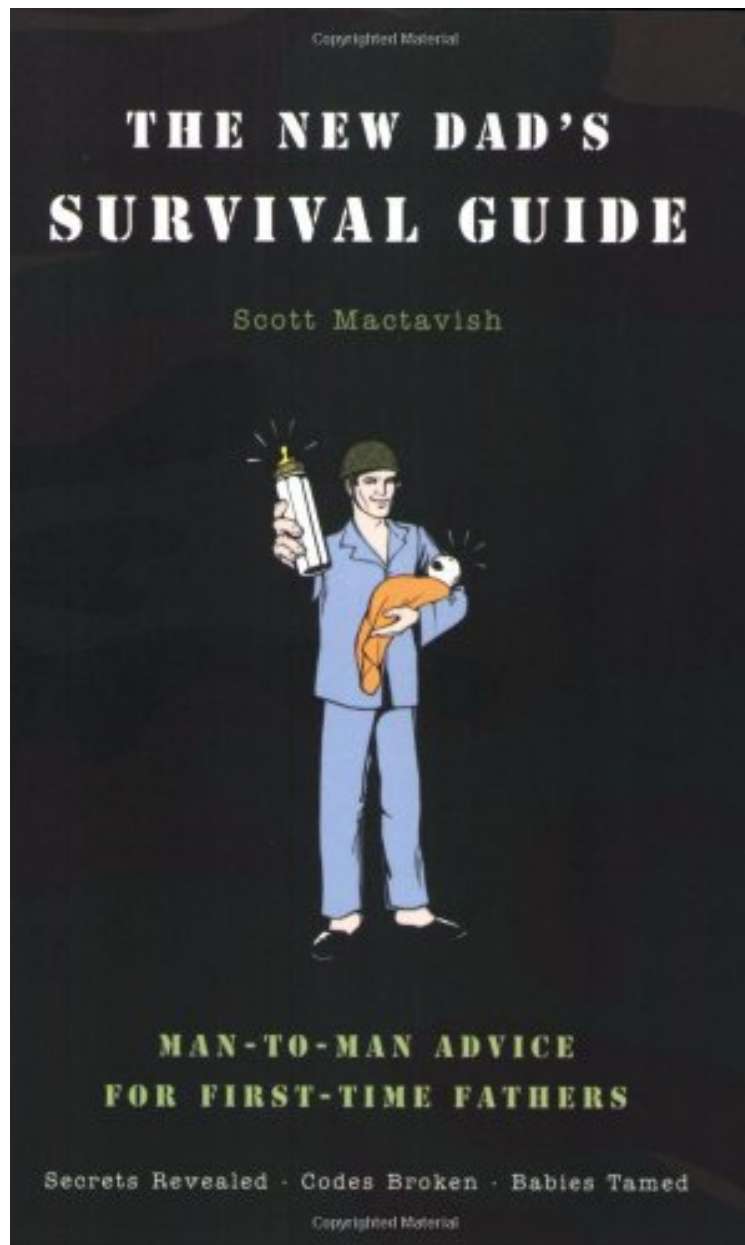


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The New Dad's Survival Guide: Man-to-Man Advice for First-Time Fathers

Scott Mactavish

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Scott Mactavish : The New Dad's Survival Guide: Man-to-Man Advice for First-Time Fathers before purchasing it in order to gauge whether or not it would be worth my time, and all praised The New Dad's Survival

Guide: Man-to-Man Advice for First-Time Fathers:

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FATHERHOOD DEMYSTIFIED! Finally-a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a man's point of view. No psychobabble, no warm fuzzies-just a hilarious (and surprisingly practical) military-style guide to surviving and thriving through even the queasiest moments of pregnancy, birth, and babyhood. Seasoned father and master infant-tamer Scott Mactavish breaks the Baby Code down and lays it out in straight-up guyspeak. The New Dad's Survival Guide includes declassified information on such topics as: * Cutting the Cord: The Moment of Truth * Feeding and Cleaning the NFU (New Family Unit) * Surviving Sleep Deprivation * Relieving Stress Without Booze * The Great Boob Irony * Pee, Poo, Hurl, and Snot: Getting Used to the Bodily Functions * Critical Survival Tips Never Before Revealed * Sex: Let the Games Begin Again...Finally * Dozens of Essential Terms Defined, Including Binky, Onesie, Diaper Genie, Passy, and Sippy Cup **GRAB YOUR BOOTS AND STRAP ON YOUR HELMET! THE BABIES ARE COMING!**

From Publishers WeeklyMactavish presents a useful-though by no means comprehensive-guide for any dad-to-be who doesn't care about details and just wants to learn what's going to happen when his partner gives birth and how he should go about changing a diaper. The author is no doctor; he's "just a dude who's been through it twice," and his lingo-"BCF" means "be cool, fool" (borrowed from Mr. T.); "FPP" is your "female parenting partner"; an "NFU" is a "new family unit"-is appropriately casual. The book covers the most basic of parenting skills from birth through three months, with a few toddler tips thrown in. It's humorous (or insensitive, depending on one's point of view) in its approach. For example, on postpartum depression, Mactavish warns "PPD is a beaucoup serious condition that can have a devastating effect on the FPP." Although most of the book's advice seems quite obvious, tips on assisting a partner in labor ("offer backrubs on a consistent basis"), helping a baby pass gas (or "dislodge an air biscuit") and preventing diaper rash ("keep the butt dry after bathing") will be of use to any new father. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.About the AuthorSCOTT MACTAVISH is an author, filmmaker and veteran of the United States Navy. He does volunteer work for SEALKIDS and coaches youth soccer.