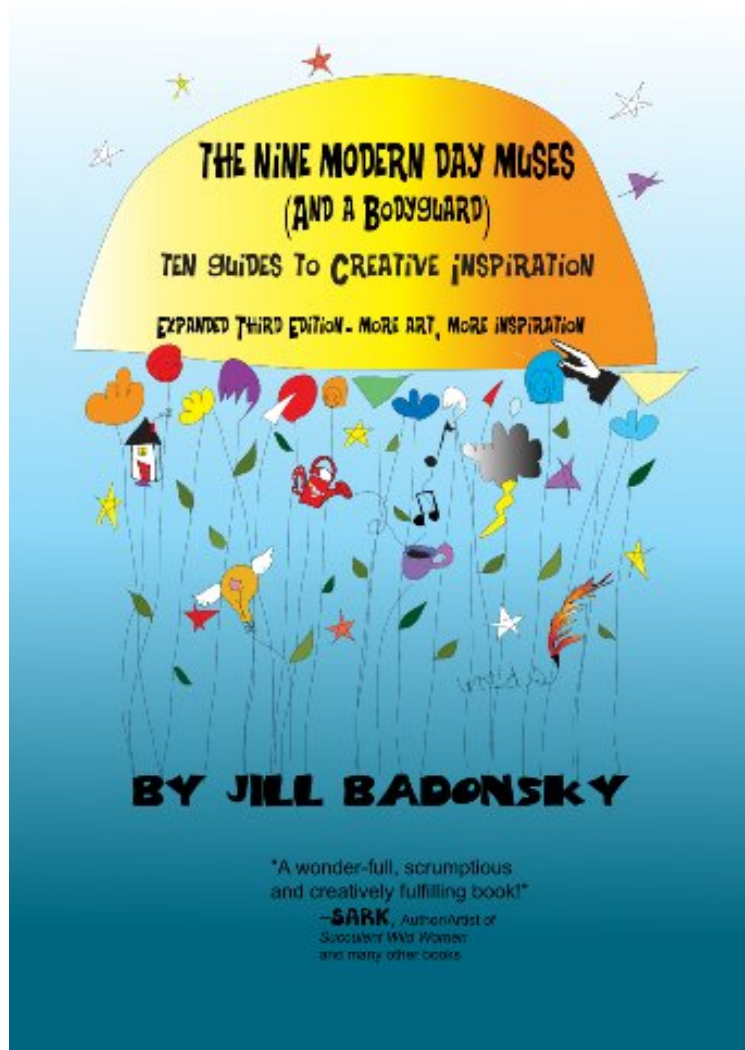


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The Nine Modern Day Muses (and a Bodyguard) Third Edition

Jill Badonsky

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Jill Badonsky : The Nine Modern Day Muses (and a Bodyguard) Third Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised The Nine Modern Day Muses (and a Bodyguard) Third Edition:

11 of 11 people found the following review helpful. A CALL TO ARTISTS, WRITERS AND CREATIVE THINKERS EVERYWHERE!By Royce AddingtonIf you haven't yet had the privilege of reading Jill Badonsky's

magnificently motivating book *The Nine Modern Day Muses (and a Bodyguard)* you MUST find a copy and read it. A Master Muse of our time...Jill Badonsky is a witty, sometimes wickedly irreverent, delightful and brainy Tinkerbellesque Warrior of the creative enchanted mind; illuminating the magic and possibility of creative ideas, visions and artistic dreams. This is a writer that not only walks her talk...she lives it. *The Nine Modern Day Muses* gives you serious tools to take your dreams and your goals from imagination to reality. This brilliant and delicious recipe is that of an intellectual gourmand with a sense of humor. Ms. Badonsky shares cutting-edge psychological technologies, specific exercises and the extraordinary power of guided imagery to aid us in winning the battle against self-sabotage and marauding inner critics. Add to that a dash of whimsy and several pinches of joyful, motivational merriment and you have a reference that takes significant information and presents it with a sense of ease and FUN! You will find yourself picking up this timeless creative classic again and again and again. There is a mysterious energetic resonance that infuses *THE NINE MODERN DAY MUSES*. With each read, no matter what page you may choose, the book seems to reveal another layer of excellent information; as though the Muse Faerie Scholars come out when it's on the shelf and add more dazzling, thought-provoking ideas! This is NOT just a book for Artists, Craftspeople, Poets, Writers and Lovers. This is a book for EVERY HUMAN BEING. We are all students of ourselves. *JILL BADONSKY'S THE NINE MODERN DAY MUSES (and a Bodyguard)* will lovingly speak in non-judgmental voices and persuade you to consider the power of yourself...the Wildchild you still are... and the inimitable gifts you have to share with our world. Post Script: A SECRET...The latest word on the streets of Museopolis is that Jill Badonsky and her Muses are soon to launch another inspirational and brilliant morsel...The AWE-MANAC. Keep your eyes open for it this September! 5 of 5 people found the following review helpful. Inspiration and Fun By A. Sue Messer I have read this book several times since first purchasing it in 2003 and refer to it often. It is a great source of inspiration and fun, with quotes and prompts that easily will assist any individual who is stuck, blocked or procrastinating in their own creative process. It is also an invaluable reference guide for anyone seeking new ways of looking at how to bring creativity into your work environment be it teaching, business etc. I initially purchased the book to inspire myself in my own creative journey but now as a Creativity Coach I refer others to it often. The Muses have become my faithful companions and their insights and suggestions never let me down. Read it, have fun and be inspired! 1 of 1 people found the following review helpful. Five Stars By Stacey Huffman For you Aha-phrodite moments in life! May creativity always reign!!

The Nine Modern Day Muses (and a Bodyguard) are actually 10 powerful creativity principles in the guise of wise and playful Muses. This is the third edition of this popular book that was published in 2003 and is now updated expanded with new sections. These modern day Muses provide empowering, playful but practical tools and concepts, quotes and a dazzling experience of returning to, deepening or discovering ones creativity. The Muses are designed to bust through every block that stands in the way of a mortals' creative fulfillment in all aspects of their lives from business to parenting and from art to writing. Move through procrastination, overwhelm, perfectionism, self-sabotage, lack of focus to the joy of the creative process and its validation of our soul and spirit. The new sections include: Creativity and Agelessness Getting Through Perfectionism with the Nine Modern Day Muses Making Marketing Easier with Creativity and The Use of Yoga for Creativity and The Other Way Around.

"A wonder-full, scrumptious and creatively fulfilling book!" --SARK, artist/author of *Succulent Wild Women* and many other books themuseisin.com/book.html From the Author This is one of my favorite books. About the Author Jill Badonsky, M.Ed. is an inspirational humorist, workshop leader, artist, writer and founder of Kaizen-Muse Creativity Coaching. She has been teaching creativity workshops since 1994. Jill is also author of *The Awe-manac: A Daily Dose of Wonder*. kaizenmuse.com themuseisin.com